

About the day:

The subject matter is a contemporary focal point of occupational health practice as well as an increasing societal issue. There is much empirical evidence on workplace stressors and their management however most OH practitioners want to learn more about the application of management processes and utilise the learning of experts and peers to enable them to better manage individuals with mental health conditions in the workplace. Mental health affects all organisational levels from the individual with the health problem, to the line manager and organisation managing that individual and the workforce collectively. It is therefore imperative that all stakeholders are aware of the issue and manage it together. Hence we are bringing these diverse perspectives together at this study day

About our expert speakers

- Liz Wilson – Retired barrister with personal experience of mental illness
- Neville Richardson - An expert on line management training and practices
- Richard Frost (Mindful Employers) experts on employer policy and obligations
- Christine Rainbird – An expert on OH case management
- Ken Gray - Chartered Psychologist and Director of The Keil Centre (a centre of expertise in applied psychology and ergonomic solutions).

Available Tools

Electronic copy of presentations
Practical information / guides / tools
Certificate of attendance

Exhibitors There will be a small exhibition and known exhibitors are

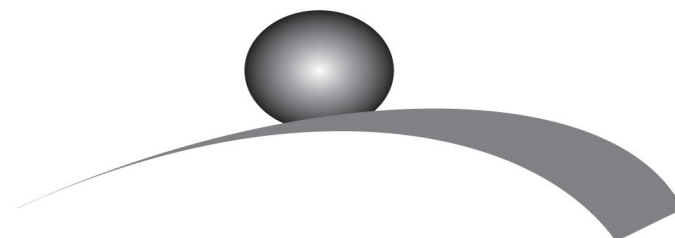
Drs Direct, Tempus, Kays Medical, FBI, Key People, AOHNP,

The Venue

Hotel is located between Basingstoke and Reading on the A33. Ample car parking provision behind the hotel Refreshments and lunch will be provided

“Out of Sight, Out of Mind

Perspectives on mental health management in the workplace”



THAMES VALLEY
Occupational Health Nurses Group

Wednesday 14th September 2011

**Wellington Arms Hotel
Stratfield Turgis,
Basingstoke,
Hampshire.
RG27 0AS
01256 882214**

Programme for the day

- 08:30 **Registration with Coffee and Exhibition viewing**
- 09:30 Welcome Introduction / housekeeping
- 09:45 **The Employee's perspective**
Liz Wilson
- 10:15 **A Line Manager's perspective**
Neville Richardson
- 10:45 **The Employers perspective**
Richard Frost
- 11:15 **Coffee and Exhibition viewing**
- 11:45 **The OH Case Manager's perspective**
Christie Rainbird
- 12:15 **Lunch and Exhibition viewing**
- 13:30 Ken Gray from **The Keil Centre** will lead a practical session on:
Stress Risk Management– Part 1
- 14:30 Afternoon Refreshments
- 15:00 **Stress Risk Management**– Part 2
- 16:00 Closing remarks

Booking Details

Price per person including refreshments, lunch and delegate pack:

£ 45.00 members

£ 60.00 non-members

NAME	
JOB TITLE	
COMPANY	
TEL	
EMAIL	
ADDRESS	
PAYMENT METHOD	CHEQUE BACS (delete as applicable)
DIETARY REQUIRMENTS	

For BACS payments please quote TVOHNG study day; sort code: 11-03-08 account no: 00281545

For cheques please make payable to 'Thames Valley Occupational Health Nurses Group' and send to Anne Bartlett, Greenhayes, Tilford Rd, Farnham, Surrey, GU9 8HX

Further Information and Booking Contacts:

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